

Blood Tests and Ultrasounds can find some cancers, like liver cancer, for those individuals at high risk.

## **Age of Detection**

Those between the ages of 21 and 75 considered as having a high risk for liver cancer are encouraged to have an AFP Blood Test and an ultrasound performed every six months.

# **Important Regardless of Family History**

The <u>American Cancer Society</u> recommends screening for those individuals who suffer from chronic hepatitis B or C, cirrhosis, or have a family history of liver cancer.

#### **AFP Blood Test**

AFP is a protein that can be elevated in the blood of someone with liver cancer. Regular monitoring of AFP levels, along with other liver function tests, can aid in the early detection of liver cancer.

## Avoid or Limit Alcohol and Tobacco Use

Reducing your alcohol intake or limiting it altogether, as well as not using tobacco products, can reduce your risk of liver cancer.

Blood tests and ultrasounds are your <u>key</u> to early detection of liver cancer. Don't wait. Schedule your mammogram today!

Website to information about cancer screening at health center and to schedule an appointment

# [Logo]