



Prevention is the *Key*

Mammograms can find cancer before it is big enough to feel or cause symptoms.

Age of Detection

The American Cancer Society recommend that women the ages of 40 to 74 get mammograms every 1 to 2 years.

Important Regardless of Family History

There are other risk factors to consider when it comes to breast cancer. Some are modifiable, such as diet and exercise, and others are not, such as age and sex. Most breast cancers are found in women who are 55 and older and without a family history of cancer.


Dense Breasts

Women with dense breasts may have a harder time detecting cancer on mammograms, and their doctors may recommend supplemental screenings like breast ultrasound or MRI.

Not a Cure

Regular screenings decrease your risk, but they are not a cure for breast cancer. Mammograms help find it early, increasing the success of the treatment program.

Mammograms are your *key* to early detection of breast cancer. Don't wait. Schedule your mammogram today!

 Website to information about cancer screening at health center and to schedule an appointment

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