

Dermoscopy is the use of a dermatoscope to magnify the skin, increasing the accuracy of skin cancer detection by a dermatologist.

Self-Exams & Frequency

The American Cancer Society recommends performing a monthly skin self-examination for adolescents and adults.

Professional Exams

Individuals with a personal or family history of melanoma should have an exam performed by a dermatologist annually.

Risk Factors

Risk factors for skin cancer include: people with fair skin, light-colored eyes and hair, history of sunburns or excessive sun exposure, family history of melanoma, previous skin cancer diagnosis, and an immunocompromised or older person.

Signs & Symptoms

Signs of skin cancer include new or changing spots or moles, a change in size, shape, or color of existing moles, developing sores that don't heal, itchy, painful or tender spots or sores, or you notice a area of concern on your skin, scalp, or hard to see area.

Visual exams of your skin are the <u>key</u> to early detection of skin cancer. Don't wait. Schedule your dermatology appointment today!

Website to information about cancer screening at health center and to schedule an appointment

[Logo]