



Prevention is the

Key

LDCT Scans

can be used to detect lung cancer in people at higher risk.

Age of Detection

According to the [American Cancer Society](#), a low-dose CT scan or LDCT scan is generally recommended for people between the ages of 50 and 80 who have a 20-pack-year history of smoking, are smokers, or have quit in the last 15 years.

Risk Factors

There are other risk factors to consider when it comes to lung cancer. Some are modifiable, such as smoking, while others, like age and family history, are not. Other risk factors include exposure to asbestos, radon, or cancer-causing agents such as uranium, diesel exhaust, and certain chemicals, like arsenic and air pollution.


Signs & Symptoms

The most common signs and symptoms of lung cancer include a cough that worsens or doesn't go away, coughing up blood or rust-colored phlegm, chest pain, hoarseness, weight loss, shortness of breath, and fatigue.

How to Reduce Risk

Ways to reduce your risk include quitting smoking, avoiding other people's smoke, limiting exposure to cancer-causing agents, and eating a healthy diet,

LDCT Scans are your key to early detection of breast cancer. Don't wait. Schedule an appointment with your provider today!

 Website to information about cancer screening at health center and to schedule an appointment

[Logo]