

PSA Tests can help in the early detection of prostate cancer.

## Age to start screening

According to the <u>American Cancer Society</u>, men at average risk of prostate cancer are recommended to begin screening for prostate cancer around the age of 50. Still, if you are at higher risk, you may want to consider starting at age 40.

## Age of Detection

Prostate cancer is rare in men younger than 40, but the chance of being diagnosed with prostate cancer increases with age. However, PSA screening is not recommended for men around the age of 70.

## **Risk Factors**

Some of the risk factors for prostate cancer include age (over 40). It occurs most often in African American men and in Caribbean men of African ancestry, and at a younger age than average. Family history, diet, obesity, smoking, and chemical exposure are also risk factors.

## Signs & Symptoms

Some of the signs and symptoms of prostate cancer can include problems urinating (slow or weak stream), blood in the urine, ED, pain in the hips, back, chest, or areas where the cancer may spread, weakness and numbness in the legs or feet, weight loss, and fatigue.

PSA Tests are your <u>key</u> to early detection of prostate cancer. Don't wait. Schedule your appointment today!

Website to information about cancer screening at health center and to schedule an appointment

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