



# Prevention is the *Key*

Ultrasounds can find masses in the kidneys and determine if they're cancerous.

## Physical Exam

A physical exam can help your provider detect signs of kidney cancer, including detecting a lump in your abdomen.

## Risk Factors

Some of the risk factors for kidney cancer include smoking, obesity, high blood pressure, certain genetic conditions such as tuberous sclerosis complex, and a family history of kidney cancer. Risk factors increase with age, and kidney cancer is more common in men than women.


## Other Screens

Other screens for kidney cancer include: blood tests, urine tests, imaging such as x-rays, MRIs, CT scans, and a kidney biopsy.

## Signs & Symptoms

Early kidney cancer does not always cause signs and symptoms. Still, advanced stages do and can include: blood in the urine, low back pain, a lump on the side or lower back, a fever not caused by an infection, fatigue, loss of appetite, weight loss, and anemia.

**Ultrasounds are your key to early detection of kidney cancer. Don't wait. Schedule an appointment with your provider today!**

 Website to information about cancer screening at health center and to schedule an appointment

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